

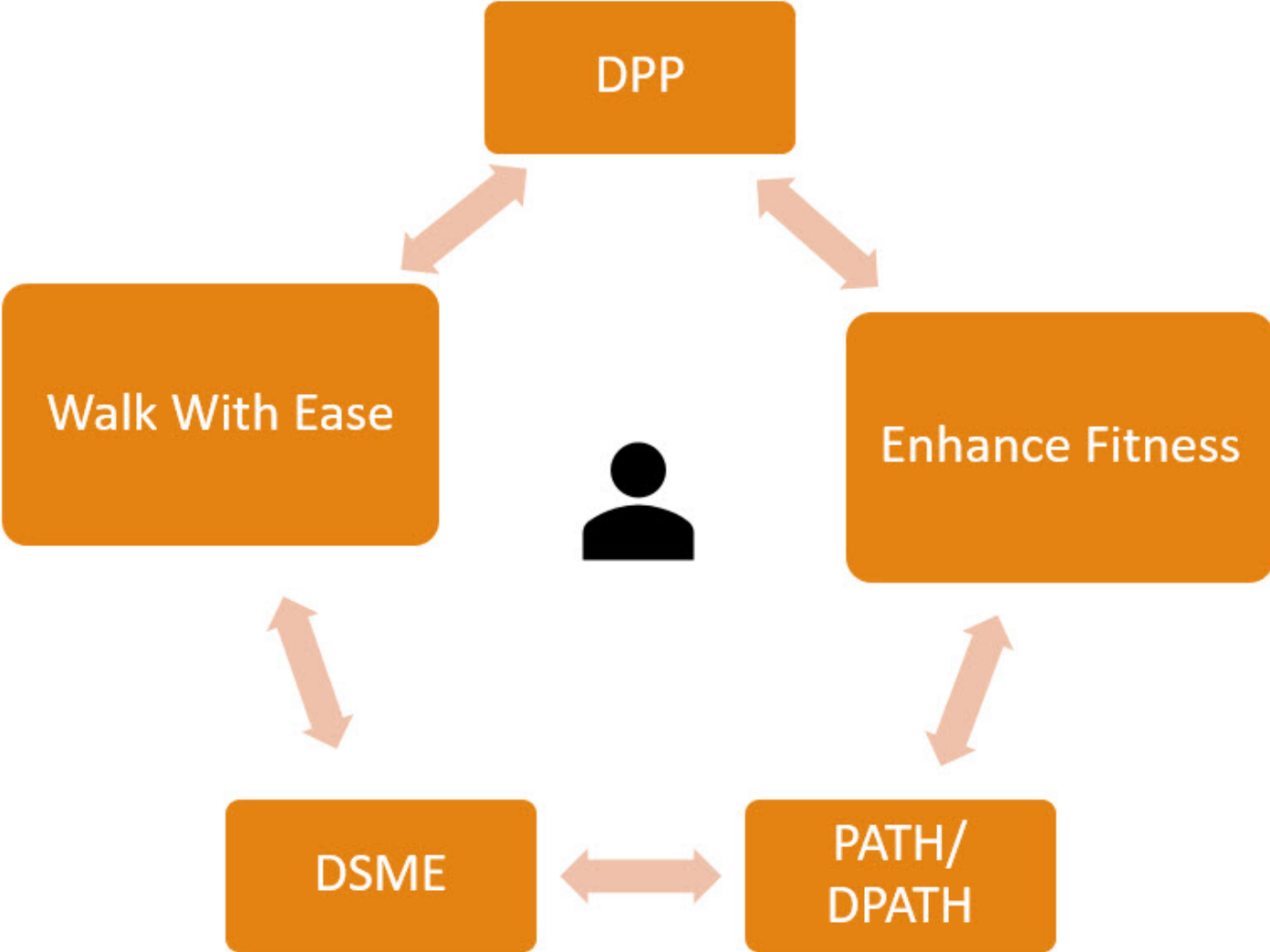
# Cross Referrals

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MICHIGAN DIABETES PREVENTION NETWORK JUNE 26, 2018

# Cross Referral Programs



# Available Programs

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## PATH (Personal Action Toward Health)

- Self-management program for people with any type of chronic condition

## Diabetes PATH

- Self-management program for people with type 2 diabetes

## EnhanceFitness

- Group exercise class for older adults, from fit to frail

## Diabetes Self-Management Education (DSME)

- Individualized self-management education for people with diabetes

## Walk With Ease

- Walking program for adults with arthritis

## A Matter of Balance

- Falls prevention program to reduce the fear of falling

# Where to Find Programs

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MI Healthy Programs Website

[www.mihealthyprograms.org](http://www.mihealthyprograms.org)

Your Area Agency on Aging

<http://www.mi-seniors.net/regionmap/>

Your YMCA

<http://www.michiganymca.org/healthy-living.html>

# Diabetes Self-Management Education and Support (DSMES)

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Critical element of care

Ongoing process

Based on national standards

# Who is Eligible?

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PWD

Support persons

4 Critical Times

- At diagnosis
- Annually
- When new factors influence self-management
- When transitions in care happen

## Diabetes Self-management Education and Support for Adults With Type 2 Diabetes: Algorithm of Care

ADA Standards of Medical Care in Diabetes recommends all patients be assessed and referred for:

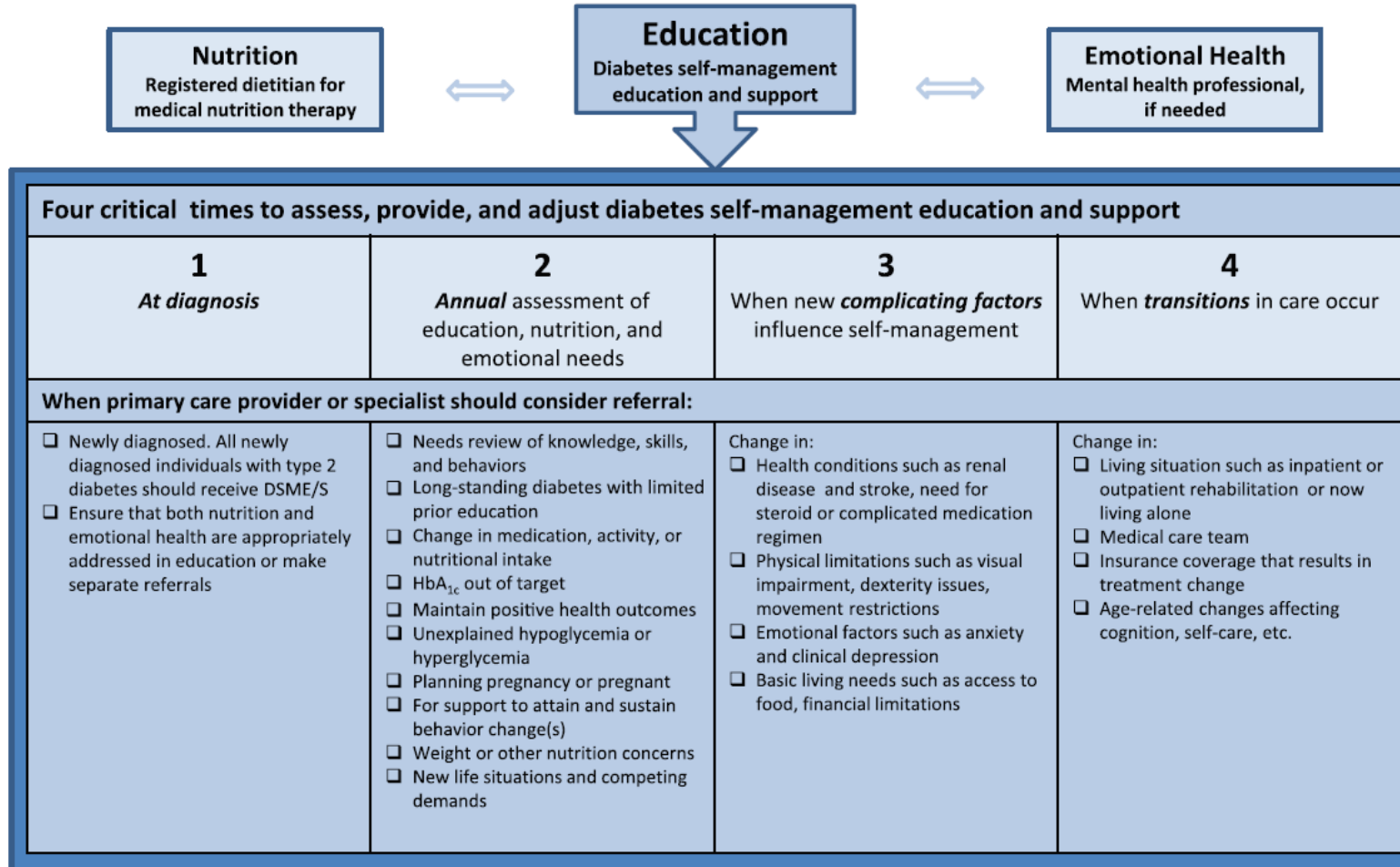


Figure 1. DSME and DSMS algorithm of care.

# Enrollment

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Referral required

Covered benefit



# How does DSMES Pertain to Prevention?

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Not eligible for DPP

Convert during DPP